

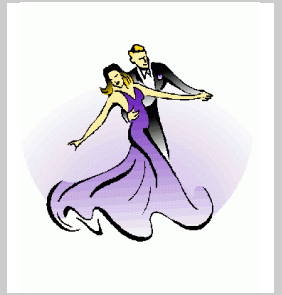


Rumba-teer

Mid-Michigan USA Dance Chapter 2043

www.usadance2043.org

April - May, 2011



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A Few words from our President:

So much for March – It did come in like a Lion and it went out like a Lion...so much for the Lamb stuff! We'll see if April holds true to her job...bringing in May flowers. Whether or not, we're still in it to dance.

Many thanks to those of you who participated in our Low Cost dance lessons at the Midland Armory and special thanks to the instructors: Carla Nemeth, Vicki Popp and Rick Popp for sharing their enthusiasm and knowledge of dance.

Thank you to John Cole and Cheryl Anger for spear heading the dance demonstrations during the Family Wellness Day at the Midland Mall. And many thanks to those of you who came out to participate and to those who cheered us on. What a Great Group of people you are!

Get Ready!!!

April – Angela Markle will be teaching the Night Club Two Step
No Worries – No Themes – Just make sure you don't miss this evening of dancing the Night Club.

May – Live Music – Josh Ramses Band will delight us with their music.
Guess what, it's Prom Night!!! YES, you heard me right, Prom Night!!!

You really don't want to miss this evening...the price is like none to be had again - Almost Free

(Trust me on this)

Just think of the opportunities/advantages here:

Going to your very 1st Prom;

Redoing a Prom that wasn't so great the first time around (like mine);

Asking that 'someone special' for a date (great way to impress a lady or a gent);

Opportunity to have a special portrait taken (with or without a date);

You know the food is always good and the company's always great;

SO WHAT'S STOPPING YOU – NO, you don't have to wear a Tux;

NO, you don't have to have a date

NO, it doesn't have to be a "Prom Dress"

So if this brilliant Newsletter hasn't convinced you of attending our April and May dances – Give me a call!

Polly Boman, President

Chapter 2043

New Members

We warmly welcome new members to our chapter. Please help us promote and invite new people to our dances, lessons and workshops.

A big **THANK YOU** to the 3 members who have renewed their memberships and to the new member who recently joined.

We currently have 117 members! Let's see if we can make it 120 soon!

Do you recognize these People?

What Group do they make up?

There are two people missing, do you know who they are?



April

16 Jan Albar
18 Paula Patrick
20 Deborah Horne

May

11 Mark Morgan
20 Marie Johansen
21 Peter Scharkow
22 Cathy Ringey
24 Donna Ronan
29 Debbie Bacus

Help Our Club Shine

At the next dance:

- ☺ Say hello to someone you don't know
- ☺ Learn two new names
- ☺ Ask three new people to dance

Please remember USA Dance is organized and operates exclusively for charitable and educational purposes and is approved by the Internal Revenue Service as a Section 501(c)(3) nonprofit organization. Your donation to the local chapter is tax deductible.

Everything You Need To Know About Dancing, But Were Afraid To Ask...

by Tommy Gibbs & Renee Lipman

1. **Jewelry:** The dance floor is not the place to show off your bling. It can be dangerous to you and to your partner. Watches, bracelets, rings and even excessive size earrings can be a real hazard.
2. **Shoes:** Like any activity, you have to invest a little money in equipment. Shoes can be purchased for \$50 to \$200 or more. Proper dance shoes have a suede sole. If you're just getting started and have a pair of closed shoes with leather bottoms, use them until you feel comfortable making an investment in dance shoes.
3. **Private Lessons:** You can only make so much technical progress taking group lessons. You should take as many group lessons as possible but private lessons with a professional instructor can make a world of difference. In a group setting it's impossible for you to get the individual attention you need. Private lessons can run \$40-\$60 per hour with top national instructors charging more. Just Like therapists, some instructors consider 50 minutes to be an hour. Often you have to pay a floor fee in addition to that. Most instructors will allow you to bring someone with you. It can be two males, two females or a male and female. It's a great way to share costs and learn together. Most instructors will also allow you to make a video recap of the lesson during the last five minutes; although some will charge to do that. Some Instructors allow you to video a review of a group lesson as well.
4. **Practice:** You will be amazed at how much you will improve if you practice for at least 10 minutes every day, even by yourself. Always work on your basics. Once you learn the basics, patterns will become much easier to understand and learn. If you try to learn a pattern and you don't have the basics built into muscle memory, you will never be able to duplicate the pattern.
5. **Hand It:** Write it on your hand. Every time you go out social dancing, write 3 items on your hand that you want to work on. Each time you get to dance, look at your hand and focus on one of those during that individual dance. You will be amazed at how the items you work on start to become part of good muscle memory. If you don't want to write on your hand, use a 3 x 5 index card.
6. **Be Polite:** When taking group lessons you are there to learn, not teach. Far too often people in class are trying to "teach" others while the instructor is covering a key point. You, the group and for sure the person you think you are helping are far better off if you pay attention to the instructor. You may have good intentions but it is better for every student to hear what the instructor is saying. And it's especially disrespectful to the instructor if you are talking while he/she is.
7. **Line of Dance:** Line of dance is generally referred to as going counter-clockwise as in Country Western Dancing. As a general rule, Fast Dance styles use a slot. We all need to dance in the same direction. Think of it as dancing north and south. You cannot have someone on the dance floor dancing east and west when everyone else is dancing north and south. It is permissible to dance on the ends of the dance floor opposite the flow of north-south but in all cases, you have to pay attention. It is both partners responsibility to avoid wrecks with other dancers. Did you ever wonder why some of the better dancers like dancing on the sides or end of the dance floor? There are two major reasons: A. They like to show off and B. To protect themselves. Better dancers like to sometimes work on "tricks" and multiple turns. By being on the outside they only have to worry about dancers on one side. Thus it gives them a little more space to work with making it safer for all.

OTHER DANCES

<p>Blast From the Past Dances <u>First Mondays</u></p> <p>Potluck at 5:15 (Bring a dish to pass and your own table service) Dance from 6-8 Live music 989-832-7937; x2270 www.mymcc.org</p>	<p>Great Lakes Swing Dance Club <u>Wednesday</u></p> <p>Rollhaven of Flushing Every Wednesday 6 – 7 Lesson 7 - 10 Open dance 810-664-7894 www.greatlakesswingdance.com</p>	<p>Wednesday Night Dances <u>3rd Wednesday</u></p> <p>Midland Community Center Cool Lemen Jazz with Val Lemen 6:30 – 8:30 pm Dancing 989-832-7937; x2270 www.mymcc.org</p>
<p>Angela Markle <u>Thursday</u> Night Dance Party</p> <p>Freeland Sports Zone 5690 Midland Road, Freeland Lesson 7-8; Dance 8-10:30 Call for additional class information 989-921-0262</p>		<p>Mid-Michigan USA Dance <u>2nd Friday - with 2 exceptions*</u></p> <p>Freeland Sports Zone 5690 Midland Road, Freeland 7-8 Lesson; 8-10:30 Dancing 989-245-9630 *June 17, 3rd Friday, Aug no Dance www.usadance2043.org</p>
<p>Carla Nemeth Dances <u>Thursday</u></p> <p>Dinner 7-7:30; Lesson 7:30-8:30 Dance 8:30-10 Tittabawassee Community Hall 1st & Church Streets; Freeland 989-245-7843 allaboutdance2@yahoo.com</p>	<p>Fun & Fitness Dances <u>Friday</u></p> <p>Midland Elks 3622 N. Saginaw Road 989-284-5266; 989-430-6666 Dance Every Friday except USA Dance Nights (2nd Fri) Lesson 8-8:40; Dance 8:40-11:30 Check website for lesson schedules www.funandfitnessdanceyahoo.com</p>	<p>Kalamazoo USA Dance <u>3rd Saturday</u></p> <p>Point Community Center 2595 N 10th St. (Oshtemo) Kalamazoo, MI 7-8 Lesson; 8-10:30 Dancing 269-720-4877 www.kalamazoodance.org</p>
<p>Central Mich. USA Dance <u>3rd Saturday</u></p> <p>Central United Methodist Church 215 N. Capitol Ave, Lansing 7-8 Lesson; 8-10:30 Dancing 517-712-6674 or 517-484-3340 www.usadance2037.org</p>	<p>Vivian Stafford 107 Northgate Dr Midland, MI</p> <p>Call or email for class dates and detailed information 989-631-1495 vstafforddance@sbcglobal.net</p>	<p>Midland Traditional Dancers <u>Contra Dancing</u> <u>2nd & 4th Saturday</u></p> <p>Midland Community Center September to May 6:30 – Welcome Session 7:30-10 pm Dance www.folkmusicsociety.org</p>

Future Dances

Our dances are held the second Friday of each month
(With the exceptions of June 17th and August- No Dance)

Location:

Freeland Sport Zone Community Hall
5690 Midland Road, Freeland, MI 48640

April 8, 2011 — Night Club 2-Step — Angela Markle

May 13, 2011 — *Prom Night* with Live Music **Josh Ramses Band* -Portraits*

June 17, 2011 (*3rd Friday*) — Tango — Rick Popp

July 8, 2011— West Coast Swing

August — NO Dance!

September 9, 2011 — Texas 2-Step — Carolyn Wehner

October 14, 2011 — Halloween Costume Party

November 11, 2011 —

December 9, 2011 — *Christmas Gala - with Live Music *Dave Bennett**

Check-in starts at 6:45 pm

Lesson from 7-8 pm

Open dancing 8-10:30 pm

Light refreshments and snacks available

Non-members \$10

Members \$5

Students with ID/\$3.00

December dance will cost slightly more

Board Members - Newsletter Editors
Mid-Michigan USA Dance Chapter 2043
2110 Jenkins St
Midland, MI 48642-6212



Mid-Michigan USA Dance Chapter #2043

YES – You guessed it - The two missing people
Valentina Kuznetsova and Peter Scharkow
YES – They are Board Members as well.

